<table>
<thead>
<tr>
<th>Subject</th>
<th>Principles of Christian Counselling</th>
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<tbody>
<tr>
<td>Code</td>
<td>PC405     (Undergraduate unit)</td>
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</tbody>
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### Learning Outcomes

On completion of this unit, students will:

A. Know and understand:

1. Theory and practice of counselling
2. Developmental paradigms and lifespan development
3. Biblical anthropology
4. Interaction of Christian counselling with the social sciences
5. Ethical, professional and legal issues in counselling

B. Be able to:

1. Discuss a) the theory and practice of counselling; and b) developmental paradigms and approaches to lifespan development
2. Develop a biblical framework for counselling
3. Analyse the interaction of Christian counselling with the social sciences and the theory and practice of counselling
4. Practise and reflect upon counselling microskills

C. Be in a position to:

1. Integrate perspectives from principles of Christian counselling with their other theological studies
2. Apply perspectives and skills from Principles of Christian Counselling to personal formation and in ministry contexts
3. Observe ethical, professional and legal standards in Christian counselling

### Content

**Section A (25%)**:

1. Developmental paradigms and lifespan development overviews.
2. Newer approaches to lifespan development – contextual, postmodern, constructivist, feminist and narrative perspectives.
3. Cultural factors in lifespan development.
4. Attachment theory, lifespan development, and implications for counselling.
5. The social sciences and Christian ministry.
6. Ethical, professional and legal issues in counselling.

**Section B (25%)**:

7. Development – working towards a biblical anthropology
8. Wholeness and health – working towards developing a biblical anthropology
9. Maturity and Community – developing biblical frameworks

**Section C (Practical (50%))**:

10. Counselling microskills practice – at least 14 hours of basic counselling skills, including attending, active listening, empathy and probing.
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<tbody>
<tr>
<td>Code</td>
<td>PC605 (Graduate unit)</td>
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**Learning Outcomes**

On completion of this unit, students will:

A. Know and understand:
1. Theory and practice of counselling
2. Developmental paradigms and lifespan development
3. Biblical anthropology
4. Interaction of Christian counselling with the social sciences
5. Ethical, professional and legal issues in counselling

B. Be able to:
1. Discuss a) the theory and practice of counselling; and b) developmental paradigms and approaches to lifespan development
2. Develop a biblical framework for counselling
3. Analyse the interaction of Christian counselling with the social sciences and the theory and practice of counselling
4. Practise and reflect upon counselling microskills

C. Be in a position to:
1. Integrate perspectives from principles of Christian counselling with their other theological studies
2. Apply perspectives and skills from Principles of Christian Counselling to personal formation and in ministry contexts
### Content

**Section A (25%):**
- 1 Developmental paradigms and lifespan development overviews.
- 2 Newer approaches to lifespan development – contextual, postmodern, constructivist, feminist and narrative perspectives.
- 3 Cultural factors in lifespan development.
- 4 Attachment theory, lifespan development, and implications for counselling.
- 5 The social sciences and Christian ministry.
- 6 Ethical, professional and legal issues in counselling.

**Section B (25%):**
- 7 Development – working towards a biblical anthropology
- 8 Wholeness and health – working towards developing a biblical anthropology
- 9 Maturity and Community – developing biblical frameworks

**Section C (Practical (50%):**
- 10 Counselling microskills practice – at least 14 hours of basic counselling skills, including attending, active listening, empathy and probing.
- 11 The taping of a counselling session, with 15 minute transcript showing joining, empathy and advanced empathy.

### Scheduled
- Semester 2, 2016

### Timetable
- Thursdays 6:30 – 9:30pm

### Pre-requisites
- None

### Lecturer
- Geoff Sunstrom

### Delivery mode
- 39 hours of face to face contact consisting of 12 teaching weeks + 1 study week; 3 hours/week

### Assessment Information
- Essay – 2000 words (25%)
- Essay – 2000 words (25%)
- Counselling Practice – 2000 words (50%)

### Fee
- $1992 Credit - Graduate unit
- $ 550 Audit